



## COUN 301 – Counseling Life Issues

Closed Note Lecture Exam Review

### 4 Responses People Have To Distress:

- 1)
- 2)
- 3)
- 4)

### John 15:1-4 (New Living Translation)

1 “I am the true grapevine, and my Father is the gardener. 2 He cuts off every branch of mine that doesn’t produce fruit, and he prunes the branches that do bear fruit so they will produce even more. 3 You have already been pruned and purified by the message I have given you. 4 Remain in me, and I will remain in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you remain in me.

### Isaiah 9:2-6 (New Living Translation)

2 The people who walk in darkness will see a great light. For those who live in a land of deep darkness, a light will shine. 3 You will enlarge the nation of Israel, and its people will rejoice. They will rejoice before you as people rejoice at the harvest and like warriors dividing the plunder. 4 For you will break the yoke of their slavery and lift the heavy burden from their shoulders. You will break the oppressor’s rod, just as you did when you destroyed the army of Midian. 5 The boots of the warrior and the uniforms bloodstained by war will all be burned. They will be fuel for the fire. 6 For a child is born to us, a son is given to us. The government will rest on his shoulders. And he will be called: Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

**Hebrew Word for “Wonderful”:**

**Hebrew Word for “Counselor”:**

**1) View your role as counselor as that of a \_\_\_\_\_**

### John 10:11-13 (New Living Translation)

11 “I am the good shepherd. The good shepherd sacrifices his life for the sheep. 12 A hired hand will run when he sees a wolf coming. He will abandon the sheep because they don’t belong to him and he isn’t their shepherd. And so the wolf attacks them and scatters the flock. 13 The hired hand runs away because he’s working only for the money and doesn’t really care about the sheep.

### **Psalm 23 (New Living Translation)**

1 The Lord is my shepherd; I have all that I need. 2 He lets me rest in green meadows; he leads me beside peaceful streams. 3 He renews my strength. He guides me along right paths, bringing honor to his name. 4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. 5 You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. 6 Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

### **2) Listen and \_\_\_\_\_ the need**

#### **Mark 10:51 (New Living Translation)**

51 "What do you want me to do for you?" Jesus asked. "My rabbi," the blind man said, "I want to see!"

#### **How did the need come about?**

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### 3) Show \_\_\_\_\_, not judgment

#### Mark 6:34 (New Living Translation)

34 Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So, he began teaching them many things.

Greek Word for "Compassion":

#### John 8:3-5 (New Living Translation)

3 As he was speaking, the teachers of religious law and the Pharisees brought a woman who had been caught in the act of adultery. They put her in front of the crowd. 4 "Teacher," they said to Jesus, "this woman was caught in the act of adultery. 5 The law of Moses says to stone her. What do you say?"

### 4) Assess the \_\_\_\_\_ of the counselee with God

Different relationships people have with God:

\_\_\_\_\_ toward God

#### Isaiah 53:6 (New Living Translation)

6 All of us, like sheep, have strayed away. We have left God's paths to follow our own. Yet the Lord laid on him the sins of us all.

\_\_\_\_\_ opposed God

#### John 3:19-20 (New Living Translation)

19 And the judgment is based on this fact: God's light came into the world, but people loved the darkness more than the light, for their actions were evil. 20 All who do evil hate the light and refuse to go near it for fear their sins will be exposed.

\_\_\_\_\_ of sin

#### Romans 3:23 (New Living Translation)

23 For everyone has sinned; we all fall short of God's glorious standard.

**Romans 6:23 (New Living Translation)**

23 For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.

**1 John 1:9 (New Living Translation)**

9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

**5) Help give people a proper \_\_\_\_\_ of life and God**

**Psalms 30:5 (New Living Translation)**

5 For his anger lasts only a moment, but his favor lasts a lifetime! Weeping may last through the night, but joy comes with the morning.

**2 Corinthians 4:17 (New Living Translation)**

17 For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever!

**2 Corinthians 11:22-28 (New Living Translation)**

22 Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants of Abraham? So am I. 23 Are they servants of Christ? I know I sound like a madman, but I have served him far more! I have worked harder, been put in prison more often, been whipped times without number, and faced death again and again. 24 Five different times the Jewish leaders gave me thirty-nine lashes. 25 Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea. 26 I have traveled on many long journeys. I have faced danger from rivers and from robbers. I have faced danger from my own people, the Jews, as well as from the Gentiles. I have faced danger in the cities, in the deserts, and on the seas. And I have faced danger from men who claim to be believers but are not. 27 I have worked hard and long, enduring many sleepless nights. I have been hungry and thirsty and have often gone without food. I have shivered in the cold, without enough clothing to keep me warm. 28 Then, besides all this, I have the daily burden of my concern for all the churches.

**Matthew 6:25-27 (New Living Translation)**

25 “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? 26 Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? 27 Can all your worries add a single moment to your life?

**Matthew 6:28-30 (New Living Translation)**

28 “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, 29 yet Solomon in all his glory was not dressed as beautifully as they are. 30 And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

**Matthew 6:31-34 (New Living Translation)**

31 “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ 32 These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. 34 “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

**6) Consider what \_\_\_\_\_ God may be trying to teach the person****James 1:2-4 (New Living Translation)**

2 Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. 3 For you know that when your faith is tested, your endurance has a chance to grow. 4 So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

7) Be \_\_\_\_\_ to speak the truth to people, but do it in love

**Ephesians 4:15 (New Living Translation)**

15 Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.

8) Teach people to \_\_\_\_\_ out before God, not people

**Crying Out in Scripture**

**A cry of deep distress: Zaaq (Hebrew)**

**Nehemiah 9:9 (New Living Translation)**

9 “You saw the misery of our ancestors in Egypt, and you heard their cries from beside the Red Sea.”

**To cry out for help: Tsaaq (Hebrew)**

**Exodus 15:25 (New Living Translation)**

25 So Moses cried out to the Lord for help, and the Lord showed him a piece of wood. Moses threw it into the water, and this made the water good to drink. It was there at Marah that the Lord set before them the following decree as a standard to test their faithfulness to him.

**To call with a loud sound: Qara (Hebrew)**

**1 Chronicles 4:10 (New International Version)**

10 Jabez cried out to the God of Israel, “Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.” And God granted his request.

**To shout a war cry: Ruwa (Hebrew)**

**2 Chronicles 13:15 (New Living Translation)**

15 And the men of Judah began to shout. At the sound of their battle cry, God defeated Jeroboam and all Israel and routed them before Abijah and the army of Judah.

**A cry for help: Shavah (Hebrew)**

**Psalms 145:19 (New Living Translation)**

19 He grants the desires of those who fear him; he hears their cries for help and rescues them.

**A cry of deep distress: Tsaaqah (Hebrew)**

**Psalms 9:12 (New Living Translation)**

12 For he who avenges murder cares for the helpless. He does not ignore the cries of those who suffer.

**To cry out: Krazo (Greek)**

**Matthew 14:30–31 (New International Version)**

30 But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" 31 Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"

**To implore with strong voice: Boao (Greek)**

**Luke 18:38–39 (New Living Translation)**

38 So he began shouting, "Jesus, Son of David, have mercy on me!" 39 "Be quiet!" the people in front yelled at him. But he only shouted louder, "Son of David, have mercy on me!"

9) \_\_\_\_\_ how God can use this for His glory

**John 9:1-3 (New Living Translation)**

1 As Jesus was walking along, he saw a man who had been blind from birth. 2 “Rabbi,” his disciples asked him, “why was this man born blind? Was it because of his own sins or his parents’ sins?” 3 “It was not because of his sins or his parents’ sins,” Jesus answered. “This happened so the power of God could be seen in him.

10) Never forget that whatever you tell someone else, you are putting a \_\_\_\_\_ on them

**Matthew 11:28-30 (New Living Translation)**

28 Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. 30 For my yoke is easy to bear, and the burden I give you is light.”

Greek Word for “Yoke”: \_\_\_\_\_